



YogaOnez

GLOBAL YOGA CONGRESS BARCELONA'18

Cacaolat
by **VEGGIE**
AVENA & CACAO



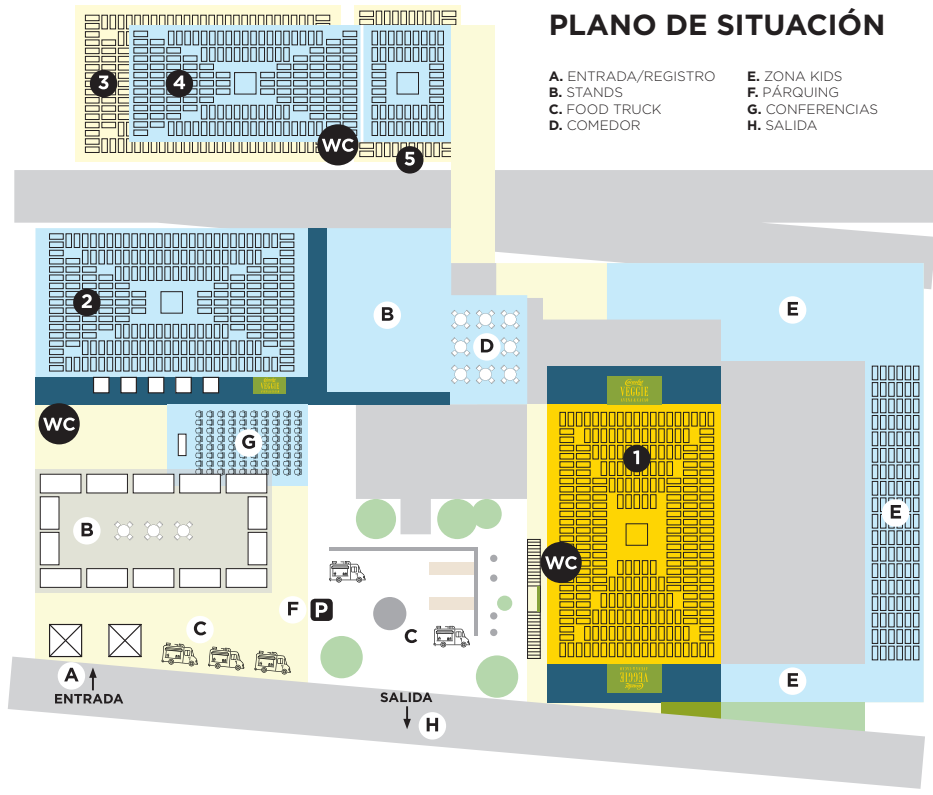
12-13-14 OCTUBRE

EL MEJOR YOGA PARA TI TOMA LA CIUDAD

3 DÍAS CON MÁS DE 20 PROFESORES INTERNACIONALES
DIFERENTES LOCALIZACIONES · PROGRAMA ABIERTO A TODOS LOS NIVELES

PLANO DE SITUACIÓN

- A. ENTRADA/REGISTRO
- B. STANDS
- C. FOOD TRUCK
- D. COMEDOR
- E. ZONA KIDS
- F. PÁRQUING
- G. CONFERENCIAS
- H. SALIDA



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PROGRAMA DE ACTIVIDADES

11, 12, 13 Y 14 DE OCTUBRE

JUEVES 11

HORA/SALA	2
19-20.30 h	Masterclass with ANDREI RAM / Inaguration day
20.30-21.30 h	Concert BHAKTA PROJECT

VIERNES 12

HORA/SALA	1	2	3	4	5	KIDS	AUDITORIO
7.30-9 h	EVA OLLER Ashtanga Mysore II	CAMILO GARCIA Hatha Raja I-II	GUSTAVO PLAZA Pranayama Yoga Psíquico I	ANA PUJOL Kundalini I-II			
9-9.30 h		MARI SVELA Kirtan	CRISTI CRHISTENSEN Meditation I-II				
9.30-11.30 h	SIMON PARK Vinyasa II	AMBRA VALLO MANU OM Dharma & Bhakti	ALEXIS SIMON Iyengar I	YOSHIO HAMA Dharma III (90')	SANDRA HOWLING Ashtanga II	YOGA KIDS	
11.15-13.15 h							MOHINI Yoga Philosophy
11.30-13 h		SAMADHI'S Kirtan (30')				MINDFULNESS FOR KIDS	
12-14 h	ANDREI RAM Hatha Raja I-II	CRISTI CRHISTENSEN Vinyasa I-II	MIRIAN ALONSO Prana Vinyasa II	EVA OLLER Ashtanga II			
13.30-15 h		MANU OM Kirtan (14-15 h)				YOGA GAMES FOR KIDS	
15-17 h	ALEXIS SIMON Iyengar I-II	YOSHIO HAMA Dharma I-II	ANDREI RAM Prana Nidra	CAMILO GARCIA Dharma Yoga III		YOGA KIDS (90')	
17-18.30 h		NITAI Kirtan				TARAH ROCHA Yoga Acrobatics	
17.30-19.30 h	YOSHIO HAMA Dharma III	CRISTI CRHISTENSEN Yoga Dance I	ANDREI RAM Yoga Nidra I-II	SIMON PARK Art Assisting I-II	AMBRA VALLO Forrest I-I		MOHINI Yoga Philosophy
20-21.30 h		MANU OM Kirtan					

SÁBADO 13

HORA/SALA	1	2	3	4	5	KIDS	AUDITORIO
7.30-9 h	SABINE ROESCH Sivananda I-II	SANDRA HOWLING Ashtanga II	CAMILO GARCIA Prana Meditació	ANNA PUJOL Kundalini I-II			
9-9.30 h		MIRIAN ALONSO Trance Dance					ROXANA FELMAN Kirtan
9.30-11 h	YOSHIO HAMA Dharma III	RAVI RAMONEDA Bhakti Yoga	ANDREI RAM Hatha Raja I		ALEXIS SIMON Iyengar I	YOGA KIDS YOGA THEATRE	
11.15-13.15 h							MOHINI Yoga Philosophy
11.30-13 h		MARI SVELA Kirtan (30')				MINDFULNESS FOR KIDS	
12-14 h	CRISTI CRHISTENSEN Vinyasa I-II	YOSHIO HAMA Dharma III	SIMON PARK Inversions II	AMBRA VALLO FABIO FILIPPI Dharma II			
13.15-14.15 h							GUSTAVO PLAZA Yoga Philosophy
13.30-15 h						YOGA KIDS	
14-15 h		MANU OM Kirtan					
15-16.30 h	FABIO FILIPPI Dharma II	ANDREI RAM Hatha Raja I	ALEXIS SIMON Iyengar I-II	OLGA OSKORBINA Jivamukti II	TILL HEEG NEUS ABELLA Thai Massage	TARAH ROCHA Yoga Families	IRYA DEVI F. PÉREZ Yoga & Aromaterapia
17-18.30 h		CAMILO & FRIENDS Kirtan (30')			SESIÓN INFORMATIVA CURSO PROFESORES	ACRO YOGA FOR KIDS	
17.30-19.30 h	YOSHIO HAMA Dharma III	SIMON PARK Prana I-II	ANDREI RAM Yoga Nidra I-II	GUSTAVO PLAZA Hatha Raja I-II			MOHINI Yoga Philosophy
20 h		BHAKTA PROJECT Concert					

DOMINGO 14

HORA/SALA	1	2	3	4	5	KIDS	AUDITORIO	
7.30-9 h	SANDRA HOWLING Ashtanga III	KAT CHAREON Vinyasa I-II	GUSTAVO PLAZA Meditation I	RENATA SAT SANSAR KAUR Kundalini I-II				
9-9.30 h		JULIA&STEFANO Kirtan						
9.30-11 h	CRISTI CRHISTENSEN Vinyasa II	SIMON PARK Liquid Flow Yoga I-II	ALEXIS SIMON Iyengar I-II	KARINA SIRKIA Sivananda I		YOGA KIDS YOGA THEATRE		
11.15-13.15 h							MOHINI Yoga Philosophy	
11.30-13 h		RAVI RAMONEDA Bhakti				YOGA KIDS		
12-14 h	SIMON PARK Flow Yoga I-II	ANDREI RAM Hatha Raja I-II	AMBRA VALLO Rocket III	CAMILO GARCIA Dharma II				
13-14 h							CLAUDIA MUSELLO Ayurveda	
14-15 h	CAMILO & FRIENDS Kirtan							
15-16.30 h						MINDFULNESS FOR KIDS		
15-17 h	EVA OLLER Ashtanga I-II	GUSTAVO PLAZA Hatha Yoga I-II	ANDREI RAM Yoga Nidra I		TILL HEEG NEUS ABELLA Thai Massage		NAREN HERRERO Yoga Philosophy	
17-18.30 h		ROXANA FELMAN Kirtan (30')			SESIÓN INFORMATIVA CURSO PROFESORES	TARAH ROCHA Yoga Families		
17.30-19 h	AMBRA VALLO Gokul Vinyasa II	MANU OM Bhakti Yoga	ANDREI RAM Kriya Yoga I-II	OLGA OSKORBINA Jivamukti II			AWAKE Film	
19.15-20.45 h		KATYA DEVI - JORDI OM RAM - MANU OM - RAVI RAMONEDA - Dharma & Kirtan						
21-22 h		AMAYAMA - CLOSING CONCERT						

*Profesores de referencia sujetos a cambios